

MELT THOSE RING NERVES AWAY!

A workshop in Hypnotherapy to combat competition stress

Where: Dog Days Dog Training, 7206 NE 37th Ave., Unit A , Vancouver, WA 98665
<http://www.dogdaysnw.com/facility.html>

One proven way of treating fears and anxieties is hypnotherapy. Kori Cully is a Clinical Hypnotherapist and dog person with experience in dog sports competition. She has helped a number of obedience and agility competitors learn to be relaxed and have fun and success in the ring. Kori is offering a 2-hour group workshop to answer questions about hypnotherapy and perform a group hypnosis session.

This workshop is for humans only, no dogs, please.

Bring a comfy sleeping bag or a workout mat to lay on, or a comfy chair -- whatever you will feel comfortable and relaxed on.

When: Saturday, August 14, 2010, 10:00 a.m. - noon.

What: Learn how hypnotherapy can get rid of your ring nerves, and experience a hypnosis session.

Cost: \$25

Mail entries to:

Joan Armstrong
Dog Days Dog Training
7206 NE 37th Ave., Unit A
Vancouver, WA 98665

Handler's Name: _____

Email: _____

Phone: _____

