TRAINING AND EMOTIONS with Dr. Amy Cook

Saturday and Sunday, Oct. 13-14

9 a.m. - 5 p.m. both days Saturday is lecture-only. Sunday is lecture and working dog teams.

Seminar to be held at Dog Days Dog Training

7206 NE 37th Ave., Unit A Vancouver, WA 98665 FMI: http://www.dogdaysnw.com

To learn more about Dr. Cook visit her website: http://playwaydogs.com

Who is Dr. Amy Cook:

Dr. Cook is an International Association of Animal Behavior Consultants (IIABC) Certified Dog Behavior Consultant, a longstanding professional member of the Association of Professional Dog Trainers (APDT), and was one of the first trainers nationally to become a Certified Professional Dog Trainer through independent evaluation. Dr. Cook received her Ph.D in Psychology from UC Berkeley, with her research focusing on the dog-human relationship and its effect on the problem solving strategies dogs employ. Dr. Cook is the founder and creator of the Play Way and a popular instructor for the online school, The Fenzi Dog Sport Academy. She has been training dogs for over 25 years, and has specialized in the rehabilitation of shy and fearful dogs for over 15 years.

Playing Your Way to a Better Ring Performance:

Is your dog brilliant at home and class but shuts down at the show? Does she bark at people or dogs? Is he afraid of the teeter? Are the Figure 8 posts too much pressure? Does she seem generally stressed? For a competition dog, dealing with behavior challenges is a must! Our goal is to make your dog enthusiastic about performance so he can enjoy himself.

Rather than teaching you the behaviors that are required for success in the ring of any specific sport, this seminar will address how to assess and increase your dog's comfort level, confidence, and connection to you in novel and challenging environments. This can support your in-ring performances and increase the joy you and your dog share every day! Dr. Cook will emphasize the importance of emotions in training, and how to make sure your dog feel great. She will explain the hidden signs of

stress and how to use therapeutic "social play," to both gauge the dog's emotional state and help them relax and learn new responses to what stresses them.

In this seminar you will learn:

- How to assess preparedness to work.
- How to identify and mitigate low level stress.
- About threshold management.
- About relaxed play, and its important role in the rehabilitation of stress and anxiety.
- Personal play, food, or toy: which should you use and when?

This is a 2-day seminar. Saturday is LECTURE ONLY. Sunday is LECTURE AND WORKING DOG TEAMS. Working dogs are welcome to attend Saturday lecture.

Please read this if you are considering a working spot:

This seminar is appropriate for dogs with general anxiety, performance/ring stress, or over-arousal. Dogs must be "seminar ready," and able to function well in that environment. They can't be overtly reactive or shut down, and have to be able to be in the presence of strangers and other dogs. They need to be able to interact socially in that environment, with people looking at them. That's a high bar, but necessary in order to help you and your dog make progress in the seminar. You are there to help your dog to learn to play socially, so she much be able to function well in the environment. Note that there is not a ton of working time, so the cost to working teams is not much higher than auditing. Working dogs will get 2 individual sessions on Sunday with Dr. Cook, and everyone will get to watch and learn from each dog. Auditing for this workshop is incredibly valuable to owners/trainers who can then take the information home to work with dogs who may find a crowded workshop an overwhelming learning environment.

If you are interested in a working spot, please contact Joan Armstrong by email prior to sending in a registration: joana@zoiedog.com Working spots are strictly limited to 10 and will be picked based on their case history by Joan, with a waiting list in case someone can't make it.

Non-Working dogs:

If you must bring a well-behaved dog, we will have comfortable crating space for them. It will be a lot of boring time in a crate, so if your dog(s) can stay comfortably at home that might be the best choice.

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Joan Armstrong Dog Doys Dog Training	
Dog Days Dog Training	
7206 NE 37 th Ave., Unit A	
Vancouver, WA 98665	
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Best Phone:()	
Address:	
Email:	
Check what you are signing up for	:
Auditing \$175	
	0) \$215. Please contact Joan Armstrong Please submit a
written description of why you thin	nk your dog can benefit from this seminar and anything that
would be helpful for Dr. Cook to k	now. Joan Armstrong will hand-pick the working teams
from the applicants.	